

सत्यमेव जयते Ministry of Education Government of India One Week Online Faculty Development Program on "NEP 2020: Impetus for Life Skills and Holistic Development"

# 1<sup>st</sup> - 5<sup>th</sup> March, 2021



## **Highlights**

Indian Knowledge System

Value Based Education

**Practices for Life Skills** 

**Practices for Holistic Development** 

Lessons from COVID-19 Pandemic

**Google Application Form Link** 

https://forms.gle/wbXCgPKFC7bzyAVc8

### Organized By Teaching Learning Centre (TLC@CURaj)

(Under the scheme of PMMMNMTT, Ministry of Education-GoI, New Delhi)

### **Central University of Rajasthan**

Bandarsindri, Ajmer 305817 (Rajasthan) www.curaj.ac.in email: tlcprogram@curaj.ac.in





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Government of India

### ABOUT UNIVERSITY

The Central University of Rajasthan (CURaj) was established in 2009 by an Act of Parliament as a new Central University and is fully funded by the Government of India. In order to meet the challenges of the knowledge era and to keep pace with the knowledge explosion in Higher Education, the Central University of Rajasthan is committed to inculcating and sustaining quality in all the dimensions of Higher Education viz. teaching, learning, research, extension and governance while catering to the regional and global needs. CURaj offers more than 74 Masters and PhD programmes in its 31 departments. CURaj is accredited 'A' grade by NAAC. CURaj has been granted more than 200 national/international research projects amounting more than Rs. 35 Crores. The University operates from its permanent campus of 518 acres (approx.) and it has adequate hostels housing nearly 2000 students in the campus.



Pravrajika Divyanandaprana addressing participants during Ten Days Online FDP on Teaching Learning and Assessment 23 Nov - 3 Dec, 2020

TEACHING LEARNING CENTRE (TLC@CURaj)

Teaching Learning Centre (TLC@CURaj) at Central University of Rajasthan was established in the year 2017-18 with a vision to support evidence-based teaching and provides diverse opportunities for teachers. It is funded by Ministry of Education, Govt. of India under the Scheme of Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching (PMMMNMTT). It is envisaged to help teachers to modernize their teaching style and inculcating, innovative and effective pedagogical practices, so that they can impart concepts and information in a meaningful and interesting way among the learners to help them to learn more deeply and effectively. TLC@CURaj completed nearly 3 years and organized successfully 19 programs (workshops/induction programs/refresher courses) in multiple disciplines (Education, Statistics, Science, Computer Science and Management etc.). A total number of 1090 teachers successfully participated in these workshops and other programs from the different parts of India organized by TLC@CURaj.







Teaching is a remarkably rewarding pursuit if one is able to enable and empower learners. However, it is all about being a committed teacher with a healthy body and a sound and balanced mind. Nowadays, the importance of physical, mental and social well-being of teachers and students needs to be considered more than ever. Holistic education places an emphasis on the whole growth of a teacher and learner instead of emphasizing only specific parts of the human experience. It deemphasizes materialism while promoting growth in all areas of the human experience such as intellectual, emotional, social, and so forth. Proponents of a holistic education promote balanced relationships between not only people, but between people and their environment.

Beside the holistic development, life skills education helps students build confidence in both communication and cooperative and collaborative skills. It also provides them with tools, important for development, find new ways of thinking and problem-solving abilities. Additionally it also helps in how to socialize and recognize the impact of actions and behaviours in their physical body and psyche.

This online faculty development program will help the teachers to unearth the potentials they have and make them to comprehend various facets of wellbeing, necessary for keeping a healthy body and mind, aiming toward the holistic development and fostering the creativity and life skills in various sects of teachers and learners.



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### **MAJOR TOPICS**

- Implementing Holistic practices in University system
- 'Cognitive enhancement' in a Teaching and learning system
- Meditation: A potential tool for Holistic development
- Holistic practices for culturing the mind
- Life skills for Holistic development
- Graduate attributes for better life skills
- Emotion culturing: A key for Holistic development
- Life skills at work place
- Naturopathic strategies for Personal development



- Foundation of Value Based Education Learning from Gurukulam Education System
- Evidence based holistic practices and a road map for the HEI's
- Inculcating Traditional Values in Modern education
- Holistic practices for Slow learners
- Yoga based discipline for holistic development and Life skills
- Holistic health awareness
- COVID 19 Pandemic: Vital lessons for institutions to adopt Holistic practices



# ORGANIZING COMMITTEE

#### Patron

Prof. Neeraj Gupta, Vice-Chancellor Central University of Rajasthan

#### **Program Coordinators**

Dr. Sanjib K Patra, Department of Yoga Dr. Kashinath G Metri, Department of Yoga

Dr. Ajit K Patra, Director, TLC Dr. Umesh Gupta, Dy. Director, TLC Dr. Janmejay K Pandey, Committee Member



Dr. Santanu Chaudhury addressing participants in the Inaugural Session of Four Weeks Online Induction Training Program for Faculty Members of HEIs 20th Jan - 16th Feb, 2021

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The registration will take place on first come - first serve basis. The registration is a two steps process.

- Step 1 : All the participants have to fill the details mentioned in Google form link: https://forms.gle/wbXCgPKFC7bzyAVc8
- Step 2 : After the successfully registration take a printout of registration form and send it to on email

#### tlcprogram@curaj.ac.in after obtaining the signature of forwarding authority.



Snapshot of few TLC Coordinators with Prof. Neeraj Gupta



Place & Date:

Signature of the Applicant

#### Recommendation of the forwarding Authority

I have verified the above information given by the applicant and found correct as per our record. I recommend Mr/Mrs./Dr. \_\_\_\_\_\_ for this TLC/FDP and he/she will be relieved on time to participate in this program, if selected.

Registrar/Head/Principal/Director (Seal & Signature)

**Note:** Duly filled in Registration form may be sent through email to tlcprogram@curaj.ac.in.The registration will be considered on case to case basis and will be confrmed via email. Contact No. - TLC Office (01463-238561), Mr. Gourav K Vijayvargiya (9782219406), Mr. Rajendra (7300094100) Dr. Sanjib K Patra (9483390476), Dr. Kashinath G Metri (9035257627)

**Organized By** 

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