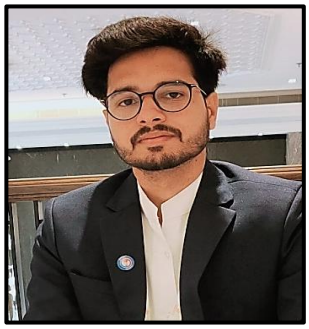
CURRICULUM VITAE



Dr. Shubham Upadhayay
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Research Gate
https://www.researchgate.net/profile/Shubham-Upadhayay/research

Personal Data

Full Name: Shubham Upadhayay

Date of Birth: 21/01/1995

Father's Name: Satish Upadhayay

Marital Status: Unmarried

Nationality: Indian

Hobbies: Book Reading; Writing and listening to music

Language: English & Hindi

Carrier Objectives

Motivated Ph.D. graduate in Pharmacology with a strong passion for understanding drug mechanisms and developing novel therapeutic strategies. Committed to conducting innovative research in molecular pharmacology and neuropharmacology. Seeking a research position to leverage expertise in drug discovery, preclinical investigations, and translational pharmacology to contribute to advancements in biomedical science and improve healthcare outcomes.

Academic Record

Course	Duration	Percentage/ CGPA	Board/University
Ph.D. Pharmacology	October/2021-May/2025	7.74/10	Central University of Punjab
M.Pharm Pharmacology	June/2019 – July/2021	8.89/10	Indo Soviet Friendship college of Pharmacy (Affiliated to I.K.G.P.T.U Jalandhar, Punjab)
B.Pharm	August/2014 to July 2018	7.11/10	Mahakal institute of pharmaceutical studies (Affiliated to R.G.P.V, Bhopal) (M.P)

Research Interest

- Pharmacology & Toxicology
- Neuroscience
- Neurodegenerative and Movement Disorders

Research Skills

Animal Handling and Care: Experienced in the ethical and humane handling of animals (**Rat, Mice, & Zebrafish**), including administration of substances (oral, intravenous, intraperitoneal, subcutaneous, stereotaxic injection), monitoring health, and ensuring compliance with regulatory guidelines.

Animal Model Selection: Proficient in choosing appropriate animal models to address specific pharmacological questions, considering ethical considerations and relevance to human physiology.

Experimental Protocol Development: Skilled in designing and implementing detailed experimental protocols for in vivo studies, ensuring consistency and reproducibility to investigate drug mechanisms and molecular pathways.

Behavioral Assessments: Competent in conducting and analyzing behavioral experiments to assess the impact of pharmacological interventions on animal behavior, cognition, and neurological function.

Laboratory Techniques: Skilled in molecular biology techniques, including **RT-PCR**, Western blotting, and Histopathology and Immunohistopathology using **Confocal Microscopic**, ensuring precise data acquisition.

Cell Culture: Experienced in maintaining cell lines (SHSY5Y, MCF-7, & A549), conducting assays, and exploring cellular responses to pharmacological interventions.

Data Analysis: Proficient in statistical analysis using tools like SPSS & GraphPaid Prism software, interpreting complex data sets, and drawing meaningful conclusions.

Literature Review: Adept at comprehensive literature reviews, staying current with advancements, and integrating findings into research projects.

Scientific Writing: Strong written communication skills, demonstrated through publications, grant applications, and conference abstracts.

Collaboration: Effective team player, collaborating across disciplines to enhance research outcomes and contribute to a holistic understanding of pharmacological phenomena

Animal Model Validated & Developed

- Haloperidol-Induced Tardive Dyskinesia model in Adult Zebrafish
- 3-Nitropropionic acid (3-NP) induced Huntington’s disease in adult zebrafish.
- Mercury-Induced Amyotrophic Lateral Sclerosis in Adult Wistar Rats
- Ethidium Bromide Induced Multiple Sclerosis Model in Adult Wistar Rats

Research Articles

- **Upadhayay, S.,** Soni, D., & Kumar, P. (2025). Raloxifene and Fulvestrant Exert Antioxidant, Anti-Inflammatory, and Antiapoptotic Action Against Haloperidol-Induced Tardive Dyskinesia in Rats via Activation of the GPER1/PI3k/Akt/Nrf2/HO-1 Signaling Pathways. Journal of biochemical and molecular toxicology, 39(8), e70413.
- Jangid, K., Devi, B., Kumar, N., **Upadhayay, S.,** Kumar, V., Thareja, S., & Kumar, V. (2025). ML-based prediction to experimental validation: Development of dihydroquinazoline based multi-potent ligands as anti-Alzheimer's agents. Computers in Biology and Medicine, 196, 110762.
- **Upadhayay, S.,** Uttam, V., & Kumar, P. (2025). G-Protein-Coupled Estrogen Receptor 1 (GPER1) Activation Mitigates Haloperidol-Induced Neurotoxicity in SHSY-5Y Cells and Improves Motor Functions in Adult Zebrafish. Neurochemical research, 50(2), 119.
- Soni, D., Garg, Y., **Upadhyay, S.,** Bhatia, A., Basir, B., Singh, S. K., ... & Kumar, P. (2025). Auranofin-loaded chitosan-lipid hybrid nanoparticle protects against the in-vitro/in-vivo model of Parkinson's disease via modulation of GSK-3β/Nrf2/HO-1 signaling. European Journal of Pharmacology, 177523.
- Temgire, P., Arthur, R., **Upadhayay, S.,** Arora, S., Kapatia, G., Kumar, R., ... & Kumar, P. (2025). Elucidating the neuroprotective potential of arbutin in 3-NPA induced HD-like pathology: Insights from in silico, in vitro, and in vivo models. Behavioural Brain Research, 483, 115475.
- Aqeel, M., **Upadhayay, S.,** Devi, R., Jangid, K., Kumar, V., & Kumar, P. (2025). Glycyrrhizic Acid Mitigates Haloperidol-Induced Neurotoxicity in SHSY-5Y Cells and Rats Via Activation of PI3k/Akt/Nrf2 Pathways. Neurochemical Research, 50(1), 1-19.
- Kumar, N., Jangid, K., Kumar, V., Yadav, R. P., Mishra, J., **Upadhayay, S.,** & Kumar, V. (2024). In vitro and in vivo investigations of chromone derivatives as potential multitarget-directed ligands: Cognitive amelioration utilizing a scopolamine-induced zebrafish model. ACS Chemical Neuroscience, 15(14), 2565-2585.
- Yedke, Narhari Gangaram, **Shubham Upadhayay**, Randhir Singh, Sumit Jamwal, Sheikh F. Ahmad, and Puneet Kumar. "Bacillus Calmette–Guérin Vaccine Attenuates Haloperidol-Induced TD-like Behavioral and Neurochemical Alteration in Experimental Rats." Biomolecules 13, no. 11 (2023): 1667.
- Gupta, Rishav, Divya Soni, **Shubham Upadhayay**, Maanvi Dhureja, and Puneet Kumar. "Impact of noscapine on halting the progression of pentylenetetrazole induced kindling epilepsy in mice." Clinical and Experimental Pharmacology and Physiology (2023).
- **Upadhayay, Shubham**, Sidharth Mehan, Aradhana Prajapati, Pranshul Sethi, Manisha Suri, Ayat Zawawi, Majed N. Almashjary, and Shams Tabrez. "Nrf2/HO-1 Signaling Stimulation through Acetyl-11-Keto-Beta-Boswellic Acid (AKBA) Provides Neuroprotection in Ethidium Bromide-Induced Experimental Model of Multiple Sclerosis." Genes 13, no. 8 (2022): 1324.
- Elizabeth Minj, **Shubham Upadhayay**, Sidharth Mehan. Nrf2/HO-1 Signaling Activator Acetyl-11-keto-beta Boswellic Acid (AKBA)-Mediated Neuroprotection in Methyl Mercury-Induced Experimental Model of ALS Volume 46, Issue 6, Neurochemical Research (2021) https://doi.org/10.1007/s11064-021-03366-2

- Siddiqui, E. M., Mehan, **Shubham Upadhayay**, S., Khan, A., Halawi, M., Halawi, A. A., & Alsaffar, R. M. (2021). Neuroprotective efficacy of 4-Hydroxyisoleucine in experimentally induced intracerebral hemorrhage. Saudi Journal of Biological Sciences. https://doi.org/10.1016/j.sjbs.2021.07.010
- Nidhi Sharma, **Shubham Upadhayay**, Ambika Shandilya, Rakesh Sahu, Anshuman Singh, Bidisha Rajkhowa, Sidharth Mehan. Neuroprotection by solanesol against ethidium bromide-induced multiple sclerosis-like neurobehavioral, molecular, and neurochemical alterations in experimental rats, Phytomedicine Plus, Volume 1, Issue 4, 2021,100051, ISSN26670313, https://doi.org/10.1016/j.phyplu.2021.100051
- Singh, Anshuman, **Shubham Upadhayay**, and Sidharth Mehan. "Inhibition of c-JNK/p38MAPK signaling pathway by Apigenin prevents neurobehavioral and neurochemical defects in ethidium bromide-induced experimental model of multiple sclerosis in rats: Evidence from CSF, blood plasma and brain samples." Phytomedicine Plus 1, no. 4 (2021): 100139.

Review Articles

- **Upadhayay, Shubham**, Divya Soni, Maanvi Dhureja, Pooja Temgire, Vishal Kumar, Richmond Arthur, and Puneet Kumar. "Role of Fibroblast Growth Factors in Neurological Disorders: Insight into Therapeutic Approaches and Molecular Mechanisms." Molecular Neurobiology (2025): 1-20.
- Soni, Divya, **Upadhayay, Shubham**, Maanvi Dhureja, Richmond Arthur, and Puneet Kumar. "Crosstalk between gut–brain axis: unveiling the mysteries of gut ROS in progression of Parkinson's disease." Inflammopharmacology (2024): 1-21.
- **Upadhayay, Shubham**, and Puneet Kumar. "Mitochondrial targeted antioxidants as potential therapy for huntington's disease." Pharmacological Reports (2024): 1-21.
- **Upadhayay, Shubham**, Sumit Jamwal, and Puneet Kumar. "Animal models of Huntington's disease and their applicability to novel drug discovery and development." Expert Opinion on Drug Discovery 18.5 (2023): 527-538.
- Dhureja, Maanvi, Richmond Arthur, Divya Soni, **Shubham Upadhayay**, Pooja Temgire, and Puneet Kumar. "Calcium channelopathies in neurodegenerative disorder: an untold story of RyR and SERCA." Expert Opinion on Therapeutic Targets (2023): 1-14.
- **Upadhayay, Shubham**, Narhari Gangaram Yedke, Vikrant Rahi, Surbhi Singh, Sachin Kumar, Anchal Arora, Priyanka Chandolia et al. "An overview of the pathophysiological mechanisms of 3-nitropropionic acid (3-NPA) as a neurotoxin in a huntington's disease model and its relevance to drug discovery and development." Neurochemical Research 48, no. 6 (2023): 1631-1647.
- **Upadhayay, Shubham**, Richmond Arthur, Divya Soni, Poonam Yadav, UmaShanker Navik, Randhir Singh, Thakur Gurjeet Singh, and Puneet Kumar. "Monkeypox infection: the past, present, and future." International Immunopharmacology 113 (2022): 109382.
- **Upadhayay, Shubham**, Rishav Gupta, Surbhi Singh, Maroti Mundkar, Gursewak Singh, and Puneet Kumar. "Involvement of the G-Protein-Coupled Estrogen Receptor-1 (GPER) Signaling Pathway in Neurodegenerative Disorders: A Review." Cellular and Molecular Neurobiology (2022): 1-15.

- Singh, Surbhi, Richmond Arthur, **Shubham Upadhayay**, and Puneet Kumar. "Ferulic acid ameliorates neurodegeneration via the Nrf2/ARE signalling pathway: A Review." Pharmacological Research-Modern Chinese Medicine (2022): 100190.
- **Upadhayay, Shubham**, & Sidharth, Mehan. (2021). Targeting Nrf2/HO-1 anti-oxidant signaling pathway in the progression of multiple sclerosis and influences on neurological dysfunctions. Brain Disorders, 100019. https://doi.org/10.1016/j.dscb.2021.100019
- Singh, Anshuman, **Shubham Upadhayay**, and Sidharth Mehan. "Understanding Abnormal c-JNK/p38MAPK Signaling Overactivation Involved in the Progression of Multiple Sclerosis: Possible Therapeutic Targets and Impact on Neurodegenerative Diseases." Neurotoxicity research 39, no. 5 (2021): 1630-1650.
- Sahu, Rakesh, **Shubham Upadhayay**, and Sidharth Mehan. "Inhibition of extracellular regulated kinase (ERK)-1/2 signaling pathway in the prevention of ALS: target inhibitors and influences on neurological dysfunctions." European Journal of Cell Biology 100, no. 7-8 (2021): 151179.

Book Chapters

- Mehan, Sidharth, Saloni Rahi, **Shubham Upadhayay**, and Andleeb Khan. "Polyphenols Targeting and Influencing Cellular Signaling During Progression and Treatment of Cancer." In Polyphenols-based Nanotherapeutics for Cancer Management, pp. 95-141. Springer, Singapore, 2021 (2021)

Awards and Scholarships

- **Senior Research Fellowship** (SRF) awarded by Indian Council of Medical Research (ICMR), New Delhi, India
- Post Graduate Scholarship Awarded by All India Council for Technical Education (AICTE)
- **IBRO-APRC** Associate school Awardee
- **1st Prize in Oral Presentation** Award by Chitkara College of Pharmacy, Chitkara University Punjab, India
- Graduation Pharmacy Aptitude Test (**GPAT**) Qualified
- Received an International Travel Support (ITS) of **1,28,346** from the **Science & Engineering Research Board (SERB**) under the scheme of Anusandhan National Research Foundation (ANRF) to present my work entitled GPR30 agonists attenuate haloperidol-induced neurotoxicity in SH-SY5Y cells and adult zebrafish. In an International Congress of Parkinson's Disease and Movement Disorders, held at **Philadelphia, PA, USA** from September 27 – October 1, 2024.
- Received an International Travel grant of $1,000 USD from the **International Parkinson's Movement Disorders Society** to attend the International Congress of Parkinson's Disease and Movement Disorders, September 27 – October 1, 2024, in Philadelphia, PA, USA**.**

- Received **800 €** from the International Brain Research Organization (IBRO) to attend the IBRO Associated School held at **National Taiwan University**, from August 18th to August 25th, Taipei, Taiwan.
- **Attended** IBRO Associated School "Towards a new understanding of neuropsychiatric disorders: from genes, brain to behavior" the Programme will be held at **National Taiwan University**, Department of Psychology, from August 18th to August 25th, Taipei, Taiwan
- Received **TNS-Best Poster Award** with a prize of 2000 THB for research work entitled "Raloxifene and Fulvestrant Provide Neuroprotection against haloperidol-induced neurotoxicity In-Vitro and In-Vivo Model through activation of Nrf2/HO-1 Pathway" during IBRO Associated School, ICNB2024 & TNS27, Amari Hua Hin Resort, Thailand. From May 8 to 14, 2024.
- Received **an International Travel Grant of 35,000 rupees from Central University of Punjab, Bhatinda,** to attend the IBRO APRC, Amari Hua Hin Resort, Thailand. From May 5 to 14, 2024.
- Attendee and received **1st Prize for neuroscience quiz competition** in an International Society for Neurochemistry (ISN-MLSU) First Neurochemistry School a present research work entitled "Neuroprotective effect of Arbutin against Haloperidol Induced Tardive Dyskinesia Via Inhibiting oxidative stress and Inflammatory cytokines" during ISN-MLSU, organized by Department of Pharmaceutical Sciences, MLSU, Udaipur, Rajasthan, India from 18 to 24 Jan 2024.
- Received **Best Oral Paper Presentation Award** for research work entitled "Arbutin alleviates orofacial dyskinesia in haloperidol induced experimental model of rats" in an International conference Innovation and Advances in Drug Development & Clinical Research' (IADDCR-2023) organized by Chitkara College of Pharmacy, Chitkara University, Rajpura, Punjab, from 24th April to 25th April 2023.
- **Travel Grant awarded** by Central University of Punjab for attending 8th International Asian and Oceanian Parkinson's Disease and Movement Disorders Congress (**AOPMC**) (121.09 $) and Registration & Accommodation Fees (178 $) was provided by **Movement Disorders Society** of India for attending AOPMC 2023 Kolkata, India.
- Received an International Travel Grant of 10,000 rupees from Central University of Punjab, Bhatinda, to attend 8th International Asian and Oceanian Parkinson's Disease and Movement Disorders Congress (**AOPMC-2023**), Kolkata, India.

Project and Training

- Effect Of Nrf2/HO-1 Signaling Activator Acetyl-11-Keto-Beta Boswellic Acid in Intracerebropeduncle Ethidium Bromide-Induced Experimental Model of Multiple Sclerosis in Rats. From 2019-2020 (**Completed**)

- Neuropharmacological investigation on raloxifene and fulvestrant against haloperidol-induced animal model of Tardive Dyskinesia: Possible role of GPR30 receptor, **approved by ICMR** for the year July 2022 to March 2025 (**Completed**)
- Training Program on "Hands on training on basic handling techniques used in zebrafish research" in CSIR-Institute of Himalayan Bioresource Technology (CSIR-IHBT) September 26th - October 25th, 2022 (**Completed**)
- International Training Program on Visual reactive Programming -Bonsai, organized by CAJAL advanced neuroscience training program October, 24-28, 2022 (**Completed**)

Conferences & Workshops

- 54th Annual Conference of Indian Pharmacological Society (IPSCON) 2024, **AIIMS, New Delhi**.
- Participated and presented Ph.D. research work in the International Congress of Parkinson's Disease and Movement Disorders®, held at **Philadelphia, PA, USA**.
- Participated in IBRO Associated School "Towards a new understanding of neuropsychiatric disorders: from genes, brain to behavior." held at **National Taiwan University, Taipei, Taiwan**.
- IBRO-APRC Associate School on "Neuro-Enhancement for Brain Health": Department of Pharmacology, Mahidol University, **Bangkok, Thailand**.
- ISN-MLSU First Neurochemistry School, Advances in Neurochemical Research Techniques and Management of Neurological Disorders: Department of Pharmaceutical Sciences, **MLSU, Udaipur, Rajasthan, India**.
- Attended an International conference Innovation and Advances in Drug Development & Clinical Research' (IADDCR-2023) organized by Chitkara college of Pharmacy, Chitkara University, Rajpura, Punjab, from 24th April to 25th April 2023".
- Poster Presentation on 8th International Asian and Oceanian Parkinson's Disease and Movement Disorders Congress (AOPMC), Organized by International Parkinson and Movement Disorders Society, from 17th March to 19th March, 2023 in Kolkata, India,
- Oral Paper Presentation on IBRO school "Ferulic acid exhibits neuroprotective Effect against 3-nitropropionic acid – induced neurotoxicity in rats" IBRO school International organized by ISF COLLEGE OF PHARMACY, MOGA, November 7-10, 2022
- Poster Presentation on International Conference entitled "Arbutin Ameliorates Haloperidol-Induced Tardive Dyskinesia in Rats and Reduces Neurotoxicity in Cells" Organized by National Institute of Pharmaceutical education and research (NIPER), **SAS Nagar, Punjab, India** November 10-12, 2022
- Participated in Webinar Brain Research Needs Animal Models; Let's Talk About It! Organized by Federation of Neuroscience Society on 15th June 2023
- Attended one Week "Brain Awareness Week" Organized by the Department of Pharmaceutical Sciences, Central University of Haryana, from April 4th -6th 2023 Haryana, India

- Participated in the workshop on "Multiphase Flow- Research and Applications (MFRA 2023)"sponsored by DST (under SSR policy) and organized by Central University of Punjab, Bhatinda, India held on 11 March 2023
- Attended CME on Scientific Publication organized by Department of Pharmacology and Department of Pharmaceutical Sciences and Natural Products, Central University of Punjab, Bhatinda, India, on 13th March 2023
- Attended 7th Annual Conference of the Movement Disorders Society of India, held in the ITC Royal Bengal, Kolkata on 16th March 2023
- International Conference on Recent Trends and Future Opportunities in Pharmaceuticals Organized by National Institute of Pharmaceutical Education and Research (NIPER), SAS Nagar, Punjab, India November 10-12, 2022
- IBRO-APRC Associate school Awardee on Advances in Nanoneurotherapeutics and Neurological Disorders organized by ISF COLLEGE OF PHARMACY, MOGA, Punjab November 7-10, 2022
- International Training Program on Visual reactive Programming -Bonsai, organized by CAJAL advanced neuroscience training program October, 24-28, 2022
- One Month Training Program on "Hands on training on basic handling techniques used in zebrafish research" in CSIR-INSTITUTE OF HIMALAYAN BIORESOURCE TECHNOLOGY (CSIR-IHBT) September 26th - October 25th, 2022
- National workshop on 'Data Analytics in Life Sciences: Introduction and Applications conducted by the Indian Academic of Neurosciences - Delhi-NCR Chapter on September 30, 2022.
- Participation in International Webinar on the potential and advancement of neuro-nutraceuticals in brain health; organized by IBRO Global Neuroscience Horizons, 9-September 2022
- Participation on national Webinar on Fundamental Aspects of Research Protocol Design and Alternatives to Animal Experimentation Organized by Isf College of Pharmacy, Moga, July 10, 2022
- 10th International Conference of LASA India on Animal Models for One Health Programmer: Challenges and Future Perspectives: Laboratory Animal Scientist's Association (LASA), ICMR, NIAB, Hyderabad, India.
- Participation in International Elsevier Knowledge Hub - Publication Ethics and Research: APAC Knowledge Hub Workshop, on Wednesday 11 May, 2022
- Faculty Development Programme on Recent Trends & Technologies in Pharmaceutical Research: SRM Modinagar College of Pharmacy Srmist, Delhi-NCR Campus, Ghaziabad, U.P., India. 23rd to 28th May, 2022
- IBRO-APRC 2022 virtual symposium on "Recent Trends in Brain Research: Unlocking the mysteries", organized by IBRO in collaboration with Institute of Home Economics, University of Delhi & Indian Academy of Neurosciences on 22nd and 23rd March, 2022
- Webinar on Pharma Career opportunities & Challenges: Indian Pharmacy Graduates Association (South Zone) India
- Emerging Trends and Alternatives in Pharmacological Research: University Institute of Pharmaceutical Sciences Punjab University Chandigarh India from February, 14-19, 2022

- Workshop Cum-Conference on Pharmacovigilance & Medicine Safety: ADR Monitoring Center (AMC) Department of Pharmacology, AIMS Bathinda, Punjab India
- Training Program on Application of Biostatistics in Health Research: ICMR-NIREH Bhopal, India
- Participated in the Advanced Session on Patenting Strategies and Patent Search Exercise for Inventions in Pharmaceutical Sciences" organized by Central University of Punjab Bhatinda held on 1st December, 2021 Pharmacovigilance and Drug Safety: Recent Developments and Future Perspectives: Indo Soviet Friendship college of Pharmacy, Moga, Punjab, India.
- Learning Basics of Publishing in Quality Journals: Elsevier & Indo Soviet Friendship college of Pharmacy, Moga, Punjab, India
- ICMR-national institute of nutrition department of health research: Ministry of health & family welfare government of India, Hyderabad, Telangana,
- Nanomedicine-based brain targeted drug delivery system: Indo Soviet Friendship college of Pharmacy, Moga, Punjab, India
- International Conference on Current Trends in Pharmaceutical Industry: Maharishi Markendeshwar University Harayana, India

Professional Skills

- Capable of leading and coordinating complex research projects, showcasing strong experimental design and execution skills.
- Able to articulate complex scientific concepts clearly, facilitating effective communication with diverse audiences.
- Skilled in fostering interdisciplinary collaborations, enhancing the impact and breadth of research initiatives.
- Adheres to ethical standards and ensures compliance with ICH guidelines and other regulatory requirements.
- Demonstrates adeptness in identifying and addressing scientific challenges, showcasing adaptability and critical thinking.
- Exhibits the ability to mentor and guide junior researchers or team members, contributing to a collaborative and supportive research environment.

References

❖ **Prof. (Dr) Puneet Kumar, Professor & Former HOD, Department of Pharmacology**

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❖ **Dr. Randhir Singh, Associate Professor, and Head, Department of Pharmacology**

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randhir.singh@cup.edu.in

Declaration

I solemnly declare that the above information is true and correct to the best of my knowledge. I understand that if any information given above is found false/incorrect, my candidature is liable to be rejected.

Name: Dr. Shubham Upadhayay

Place: Bhatinda, India